



Pool Schedule: 07/11/2025-07/24/2025

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

the		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		FOR SOCIAL RESPONSIBILITY	
Pool Legend															
6:00-7:00 AM Lap Swim (4L) ASC (2L)		6:00-7:00 AM Lap Swim		6:00-7:00 AM Lap Swim (4L) ASC (2L)		6:00-7:00 AM Lap Swim		6:00-7:00 AM Lap Swim (4L) ASC (2L)						Yellow- Lap Swim	
7:00-8:00 AM Lap Swim		7:00-8:00 AM Lap Swim		7:00-8:00 AM Lap Swim		7:00-8:00 AM Lap Swim		7:00-8:00 AM Lap Swim		7:00-8:00 AM Lap Swim					
8:00-8:50 AM Lap Swim		8:00-8:50 AM Lap Swim		8:00-8:50 AM Lap Swim		8:00-8:50 AM Lap Swim		8:00-8:50 AM Lap Swim		8:00-8:45 AM Lap Swim		8:00-8:45 AM Lap Swim			
9:00-10:00 AM Silver Splash		9:00-10:00 AM Water Funk		9:00-10:00 Aqua Zumba		9:00-10:00 AM Water Funk		9:00-10:00 AM Silver Splash		9:00-10:00 AM Aqua Flex		9:00AM-4:00PM Lifeguarding Class (2L)			
10:00 AM-12:00 PM Lap Swim		10:00-11:00 AM Water Funk		10:00-11:00 AM Lap Swim		10:00-11:00 AM Water Funk		10:00 AM-1:00 PM Summer Camp		9:00AM-5:00PM Lifeguarding Class (2L)		9:00-10:00 AM Group Lessons (2L) Lap Swim (4L)		Blue- Aquatic Exercise Orange- Open Swim is open to all that have a membership	
12:00-3:00 PM Summer Camp		11:00-12:00 Lap Swim (4L) Group Lessons (2L)		11:00-12:00 AM Lap Swim		11:00-12:00 Lap Swim (4L) Group Lessons (2L)				10:00 AM-1:00 PM Group Lessons (5L) Private Lessons		10:00 AM-1:00 PM Group Lessons (5L) Private Lessons			
		12:00-3:00 PM Summer Camp		12:00-2:00 PM Summer Camp Swim Lessons		12:00-2:00 PM Summer Camp Swim Lessons		1:00-2:00 PM Lap Swim							
1:00-2:00 PM Lap Swim				2:00-3:00 PM Lap Swim		2:00-3:00 PM Lap Swim		2:00-3:00 PM Lap Swim		1:00-4:45 PM Lap Swim (3L) Open Swim (3L)		1:00-4:45 PM Lap Swim (3L) Open Swim (3L)			
2:00-3:00 PM Lap Swim		3:00-4:00 PM Lap Swim (4L) Open Swim (2L)		3:00-4:00 PM Lap Swim (4L) Open Swim (2L)		3:00-4:00 PM Lap Swim (4L) Open Swim (2L)		3:00-4:00 PM Lap Swim (3L) Open Swim (3L)							
3:00-4:00 PM Lap Swim (4L) Open Swim (2L)		4:00-5:00 PM Group Lessons		4:00-5:00 PM Group Lessons		4:00-5:00 PM Group Lessons		4:00-5:00 PM Lap Swim (1L) Open Swim (3L)							
4:00-5:00 PM Group Lessons		5:00-6:00 PM Group Lessons		5:00-6:00 PM Group Lessons		5:00-6:00 PM Group Lessons		5:00-9:00 PM Lifeguard Class							
5:00-6:00 PM Group Lessons		6:00-7:00 PM Deep Water Conditioning (4L) Swim Team (2L)		6:00-7:00 PM Swim Team (6L)		6:00-7:00 PM Deep Water Conditioning		6:00-7:00 PM Swim Team (5L)						NOTE: Private Lessons may happen during lap swim. Caps are required when in the pool.	
6:00-7:00 PM Swim Team (6L)		7:00-8:00 PM Group Lessons (1L) Swim Team (5L)		7:00-8:00 PM Group Lessons (1L) Swim Team (5L)		7:00-8:00 PM Group Lessons (1L) Swim Team (5L)		7:00-8:00 PM Swim Team (5L)							
7:00-8:00 PM Group Lessons (1L) Swim Team (5L)		8:00-9:00 PM Swim Team (6L)		8:00-9:00 PM Swim Team (4L) Lap Swim (2L)		8:00-9:00 PM Swim Team (6L))		8:00-9:00 PM Swim Team (4L) Lap Swim (2L)							
8:00-9:00 PM Swim Team (4L) Lap															

